

**B.A/ B.SC 5<sup>th</sup> Semester (HONOURS) examination, 2020 (CBCS)**

**SUBJECT: PSYCHOLOGY**

**Paper: DSE2 (COUNSELLING PSYCHOLOGY)**

**TIME: 2 Hrs**

**Full Marks: 40**

*The figures in the margin indicate full marks.*

*Candidates are required to give their answer in their own words  
as far as practicable.*

**A. Answer any *eight* of the following questions.**

**8X5=40**

1. Write down the basic goals of counselling.
2. What are the basic characteristics of an effective counsellor?
3. Write in brief the humanistic approach of counselling
4. Define family counselling. What are the basic needs of family counselling?
5. Write down the steps of a counselling process.
6. What is the efficacy of career counselling?
7. Write down the essentials of child counselling.
8. Establish the impact of meditation.
9. What is Psychoanalysis?
10. Differentiate between counselling and psychotherapy.